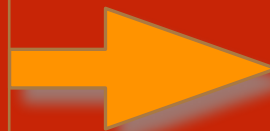




**TEAM X-TREME MARTIAL ARTS**  
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**"SHOWING GRATITUDE IS ONE OF THE SIMPLEST, YET MOST POWERFUL THINGS HUMANS CAN DO EACH OTHER."**  
**FOR ~RANDY PAUSCH**

**NOVEMBER 2025**

| Sunday                                                                                   | Monday                              | Tuesday               | Wednesday                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                            | Friday                                                          | Saturday                                                                                                                                              |
|------------------------------------------------------------------------------------------|-------------------------------------|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>HOLIDAY SALE</b><br><b>15% OFF RETAIL</b><br><b>FOR THE MONTH OF <u>NOVEMBER</u></b>  |                                     |                       | <br><a href="mailto:senseidennis@teamxtrememaa.com">senseidennis@teamxtrememaa.com</a><br><a href="mailto:senseik@teamxtrememaa.com">senseik@teamxtrememaa.com</a><br><a href="mailto:senseijoey@teamxtrememaa.com">senseijoey@teamxtrememaa.com</a> |                                                                                                                                                     |                                                                 | <b>1</b><br><br><b>BLACK BELT SPECTACULAR</b><br><b>NO CLASSES</b> |
| <b>2</b>                                                                                 | <b>3</b>                            | <b>4</b>              | <b>5</b><br>                                                                                                                                                                                                                                          | <b>6</b><br><br><b>Anay Dwivedi</b><br><b>Dominic Monteleone</b> | <b>7</b><br><br><b>Grayson Bush</b><br><b>Lily Fernandez</b>    | <b>8</b><br><br><b>Team Run 9 am</b><br><br><b>Arjun Kubal</b>     |
| <b>9</b><br><br><b>Theo Francis</b><br><b>Peyton Johnson</b><br><b>Daniel Rutherford</b> | <b>10</b>                           | <b>11</b>             | <b>12</b><br>                                                                                                                                                                                                                                         | <b>13</b><br>                                                    | <b>14</b><br><br><b>Lorenzo Cavassa</b><br><b>Teagan Rigdon</b> | <b>15</b><br><br><b>Team Run 9 am</b><br><br><b>Connor Bubla</b>   |
| <b>16</b><br><br><b>Alpha Daley</b><br><b>Jacquelin Lopez</b>                            | <b>17</b>                           | <b>18</b>             | <b>19</b><br>                                                                                                                                                                                                                                        | <b>20</b><br><br><b>Cameron Foster</b>                          | <b>21</b>                                                       | <b>22</b><br><br><b>Team Run 9 am</b><br><br><b>John Heidel</b>   |
| <b>23</b><br><b>Morgan Hyndman</b>                                                       | <b>24</b><br><br><b>Sami Abatal</b> | <b>25</b>             | <b>26</b><br>                                                                                                                                                                                                                                       | <b>27</b> <b>Sofie Hoorn</b><br><b>HAPPY Thanksgiving</b><br>  | <b>28</b><br><b>CLOSED FOR THANKSGIVING THROUGH THE WEEKEND</b> | <b>29</b><br>                                                    |
| <b>30</b> <b>Thomas Campbell</b><br><b>Delilah Phillips</b><br><b>Nico Thomas</b>        |                                     | <b>Angelo DiForio</b> |                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                     |                                                                 |                                                                                                                                                       |

**HAPPY BIRTHDAY TO ALL OF OUR**  
**NOVEMBER KOHIAS**



**BRING GEAR ON THESE**