



**TEAM X-TREME MARTIAL ARTS**  
**9920 ALTERNATE A1A SUITE #805**  
**PALM BEACH GARDENS, FLORIDA 33410**  
**561-494-2886 [WWW.TEAMXTREMEMA.COM](http://WWW.TEAMXTREMEMA.COM)**

*The greatest victory is not winning against people, but is winning against self!*

# August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Vin Pendl	2	3	4 Anthony Barber	5 <b>DEMO Practice @ 6:15 pm</b> Christian Giaimo	6 <b>Team Run 9:00</b>
7	8	9 Sebastien Guazzelli Michael Wilson	10 <b>WELCOME BACK TO DOJO</b> Casey Lichtig Carli Pipko	11	12 <b>DEMO Practice @ 6:15 pm</b> Amelia Grosse Bryce McClung Angelina Prikyan	13 <b>Belt Graduation No Regular Classes</b> Valentinna Cuadros Emily Linder Matthew Wasilewski
14 Wolf Arai Matthew Cristal Alexander Veres	15 <i>Starting this week all Black Belts and L.C. BBC students will need to bring their Sword</i> MJ Geoffroy	16 Haley Person	17 Josue Martinez Ryan Widjaja	18 Zachary "Zak" Bacon Veronica McLeod Antonella Senosiain	19 Sebastian Palladino	20 Santiago De Alarcon Yasmeen El-Sayed Scarlett Escobar Paul Vanzutphen <b>TEAM RUN 9:00</b>
21	22	23 Joey Lovell	24	25 Jack Dager	26 Trent Grimmet	27 <b>Team Run 9:00</b>
28 Savanna Bogue William Perez Lauren Van Veen	29 Eric Graham	30 Richard Verheij	31	<p><b>Have Your Birthday Party at the Dojo!!!</b></p> <p>Just bring your camera, sit back and enjoy. We do all the work!!! Each 90 minute party includes an exciting karate lesson developing teamwork through games and drills. Pizza and drinks, gift certificates for all the kids!</p> <p><b>Contact us for more details call 561-494-2886</b></p>		



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**Bring Gear on These Days**